



With meat soaring to prices that only a Rockefeller can pay, who knows but we may be eating seaweed soon?

Learn to Like Seaweed. It May Become a Popular Food

ROCKWEED soup, rockweed omelet and rockweed pie may soon be found on the table of the housewife who is alert to obtain nutritious and inexpensive food. A considerable variety of edible seaweeds, of which rockweed is one, can be found along both the Atlantic and Pacific coasts of this country. Japan has been awake for some time to the value of seaweed as a food and the United States is now beginning to realize its worth. In Maine rockweed is being gathered in large quantities and prepared for market.

Peanut Flour as a Wheat Substitute

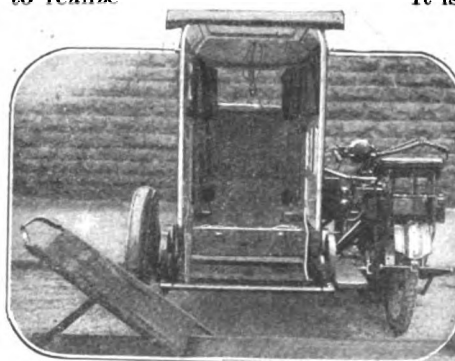
A BAKING company in Gainesville, Fla., has put bread in the market which is made from peanut flour. The flour is made from peanut cake left after the extraction of the oil. It contains a satisfactory percentage of fat and is said to have almost twice the nitrogenous food value of dried beef.

Chauffeur and Nurse, Too, Is the Ambulance Driver

THE French Government has adopted for the use of the army a side-car ambulance, which, in many respects, is superior to the other types heretofore used. It is built of light material and is large enough to accommodate but one stretcher. Windows with removable curtains are provided to enable the patient to look out while lying on the cot or stretcher. The cot can also be so arranged that the patient may sit up. An electric bell connects him with the driver of the motorcycle, who also acts as nurse.

One considerable advantage of this type of ambulance is that patients may be transported in it while sitting or reclining and that they can obtain not only all the sunlight and fresh air they desire, but also an unobstructed view of the country through which they pass on their way to the rear. No extra attendant is necessary except in cases where the patient needs close attention.

It is hardly practicable to employ one ambulance driver for one wounded man, as a rule. Hence it may be assumed that the vehicle is used only for exceptional cases.



It is just wide enough for a wounded man

The wounded soldier can sit up if he likes

